

**29th of August 2003.
The Arcturians.**

I have no singular name, I am the Arcturians. I am very pleased to be here tonight. We come from a system that you can see in your northern hemisphere. The system is called Bootes. We are a fifth dimensional civilization. Some have called the future possibility of earth civilization. Our past has been very similar to yours. We have evolved from a third dimensional physical body to a fifth dimensional body of light. You on earth are treading the same path. We are just a few light years ahead of you. We are currently circling your planet in ships of light; do not mistake these ships for being third dimensional for they are fifth dimensional. They are fuelled and held together in form by fifth dimensional crystals. Many of you visit these ships in your dream state. Your visits to us have not been numerous up until now, this will increase, and there will come a time when you will become more conscious of this. We are currently holding the electromagnetic energies of the earth, in harmony and balance. We are preventing many of your earth changes that have been predicted by so many. The polar shift will be on a spiritual level and not on a physical level. We are helping to support this process, so there is little or no disturbance to the humans on the earth plane. We do this purely through love. For we love earth. And we love humans. In a way you are brother and sisters of ours.

Way back in the very beginning of earth's history, when the designs for the etherical body of human beings were being created, we held a space of love and harmony for this to occur within. You are currently transforming from a dense physical body to a body of light. And here again we are here, supporting, holding the space for this to occur. It is very important that you open to love frequencies. Your idea of love is very limited on earth. You have the perception that you have to gain love from other people, from an outside source. In truth this is not correct. Love is everywhere, love created everything. Even the dense physical body that you now sit within. This was originally created from a frequency of very high love, directly from the creator. In time you will remember this. And you will feel this. There are moments in your life when you feel love; this is because we make a direct channel between you and us. Other times you are immersed in the illusion and the negativity, this makes it very difficult for you to connect. There are certain issues in your body need to be removed. Then the love will flow much more intensely, much more completely, and constant. Do not completely blame yourselves for this condition that you find yourself in. There are many energies and many beings that are holding frequencies of earth in low vibration. We have no permission to remove these energies that are part of the process. Love conquers all. Soon this negative veil and vibration will be removed, and love will permeate your planet and body. Are you ready?

Your life spans are very short, with love in the body you can live as long as we do. For we can live up to 300 of your earth years. For we have moved beyond polarity, duality, light and dark. We are free of fear and judgement. Our whole existence vibrates to the frequency of love. This is your goal; this is your final destination. Will you come with us? We have a civilization very similar to yours. In some respects there is a hierarchy. This is held in complete union and complete harmony. We have a council of elders, that we respect and honour. They filter down to us wisdom and knowledge that we

use to further our capacity to love. You have been privileged to feel the energy of the elders in this room tonight. You are very special beings indeed. Many times you have incarnated and experienced Arcturian energy, in a way you all have Arcturian energy in your soul. There is much cleansing of your energetic bodies that are needed. When we look upon you we do not see radiant colours of light, we see dark and muddy patches, these need to be cleansed. Then your energetic bodies will be more capable of holding high frequencies. You can do this cleansing by opening to our love. It is our mission here to support you in doing this. Will you allow us? Will you befriend us? Will you merge with us?