

Are you waking up in the fourth dimension and do not know it?

We are on the verge of an amazing transformation here on the Earth. We are in the very beginning stages of a transformation that has never been done before, anywhere else in the universe. We are in the process of merging all dimensions into one. Our directive is to merge all dimensions as one inside of our physical Gaia bodies and also within the planetary reality, we find ourselves in.

I ask again are you waking up in the fourth dimension and do not know it? What I mean by this, you may ask. I have been in a deep communication with the planetary consciousness that I chose to call Gaia. She has been telling me how we are not ascending out of the third dimension but merging all dimensions into one. The very first stages of this transformation is to become aware and awake on all dimensions, at first individually and then to merge all dimensions into one. I am in the very first stages of waking up in the reality of the fourth dimension. I have not moved from the third dimension to do this, but have become aware and awake on both dimensions at the same time.

How can you tell you are in the fourth dimension?

- Are you constantly seeing numbers on your digital clocks, such as 11.11, 10.10, 12.12 etc?
- Are you thinking of something within your mind and then seeing the answers or the confirmation of your thoughts in your outside reality?
- Are you seeing others reflecting your inner processes, as if they are you?
- Are you moving in and out of fear and not knowing why?
- Are you experiencing strange body feelings and illnesses?
- Are you seeing other people change as if they are possessed?
- Are other people trying to stop your process?

- As you move into the fourth dimension there are codes that will come from your outside reality to trigger your awaking. The very first of these are the phenomenon of the numbers. Are you beginning to see these number codes, such as 11.11, 12.12 etc? This is a game coming from the interaction between you and your soul and you're outside reality. This does not freak out the rational mind, when you start to see this phenomenon, but it will call in question, "just what is going on?" This is a game, you can ignore it if you like and think it is only coincidence, but it will continue until you cannot ignore it and have to question, why am I seeing this? There is a lot of information within these number codes and for some of you; you will come to understand this. However it is not necessary for all, as not all of you are code masters. However you will not be able to deny that this phenomenon is making you question your reality. This phenomenon will make you become open to synchronisation. We are programmed in our rational minds to not believe in synchronisation and to believe it is only coincidence. Our rational minds are controlled by a matrix, which lies over the planet; this matrix prevents us from accessing our higher selves and transforming our perceptions of reality. However it does not matter how locked in this matrix we are; this number phenomenon can get through, to activate our awaking. When you begin to see this, breathe deep and allow the energy, which comes in these moments

to anchor into the cells of your body, this will help activate your d.n.a. This will begin a process of awaking within you. The rational mind will want to stop this process as it is programmed to do so. Do not allow your rational mind to fill you with doubt or fear; do not stay a slave to this brain function. Our whole world is ruled by this rational tyrant, it is time to free you from its limits and confines. Free yourself from this rational prison.

- Are you walking down the road, thinking about something to see a truck go by with an advertisement on it, which contains the answer to your question? Let me give you an example. I had a new boyfriend and he lived in Egypt and I in England. I was thinking how I will continue this relationship as we live so far away from each other, not only in distance but in culture and rules too. I was sad as I was coming to realise that I would have to end this relationship. I walked into a shop to see a poster on the wall, with a picture of a heart on it and the words "Impossible love ". Or are you thinking about something to turn on the radio and to hear the words of the lyrics of a song, giving you the answer to your question? Or do you turn over the channel of the TV, to hear and see the presenter talking directly to you. I know this all sounds like insanity as many in mental hospitals report these kinds of phenomenon, but this is a direct symptom of moving into the fourth dimension.

- Are you experiencing shifts in your emotional state, such as suddenly feeling sad, or angry? Then are you seeing others expressing these emotional states as if they are reflecting to you, your emotional and mental state of mind? The reason this is happening is because we are mirroring our emotional and mental condition outside into our outside reality in order to see it more clearly. When this occurs, breathe in the words "Truth "and then watch what the others do. They might cry, they might express anger, or laugh. Do not see them as separate to you, but aspects of your inner self, which is in the process of healing and transforming. The energy of "Truth "will allow a healing to occur and as they feel better, so will you. We are all mirroring each other's processes. You may also see this in television programs. Do you suddenly get the feeling you are a character in a soap opera? Watch with the idea you are not separate to this character and allow it to bring you healing. Many new age people say that TV is bad for you, but if you watch with this concept in mind then it can be a great healing tool.

- Are you suddenly moving into fear and do not know why? Fear on the fourth dimension is so much stronger than it is on the third. On the third dimension we have survival issues, but for many of us in modern times these no longer apply. On the fourth dimension fear is so much more powerful and can have a crippling affect on your body and self. Are you suddenly feeling waves of fear moving over your body? This is because you are becoming so much more sensitive to other people's emotional states on the fourth dimension. Other people will not be aware they are in fear as they are asleep on the fourth dimension, so you are feeling it for them. In these moments again breathe in truth and allow it to clear this low frequency from your body and theirs (as in truth there is no separation between them and you). Do not always think the fear you feel is yours, look for another source, you will often find that the most powerful people on the third dimension are in fact holding the most fourth dimensional fear in their bodies, which they are simply asleep to realise. Do not move into blame, do not speak out to these people that they are in fear, as you will be talking to their third dimensional egos and they simply will not understand and will be angry with you. If you need to talk to them, talk to them inside your head and then watch their reaction on the

outside. If you want information about such phenomenon, talk to them in your head and then you are talking to their soul and not their egos.

- Are you feeling strange body feelings and then experiencing strange illnesses? This is the body's way of talking to you, to tell you something is going on. When energy moves near you on the fourth dimension, it can make you sick. You may experience tingling, hot and cold rushes, sickness, and diarrhoea, numbness of the arms and legs, or heaviness in your muscles. All of these symptoms can be the affect of another's energy on your body. It can also be the bodies' way of transforming negative low frequency energies from the body, as it moves into the fourth dimension. Do not run off to the doctors straight away but instead move into meditation with your soul and ask it to come into your body. Breathe it in as if it is in the air around you. Breathe it into the areas of your body, which are producing the symptoms and allow your soul's energy to clear them for you. You are processing low frequency energies from the fourth dimension. This is your job as a transformer on this planet.

- Are you seeing other people change as if they are possessed? Now this can be the hardest and the most confusing of all the above. This has been happening to me a lot and I thought I was going mad, as when I talked to these people about their negative behaviour they had no idea they were acting in this way. And to make it worse others present also cannot see them acting strange or unpleasant. They are being possessed by an entity, which is fear. On the fourth dimension fear has become an entity in its own right. When you are in this higher energy, it brings this fear energy in, to anchor into the body of the other people. It will move them to act and behave in strange and sometimes unpleasant ways. This can be a little frightening. This fear entity wants to harm you and bring you also into fear so it can stop your process. Fear wants to stop this process of transformation and will go to great lengths to stop you, and bring you back into the third dimension. If you are in fear on this level, your body will activate survival codes and these codes will bring you back to lock you in the third dimension. So when you see others reacting to you in a negative fashion and then later they are nice to you again, just know they are not as awake as you, and will have no memory of their behaviour. As is often the case with possessions, the one being possessed will have no memory of themselves being possessed by this fear entity and will not have any memory of their bad behaviour. Do not allow this to make you paranoid, you are not going mad; you are simply waking up and seeing how others are locked in the illusion. Soon they too will be free and will experience this too, and you will be their guide as I am being yours.

- Are other people trying to stop your process? Are you really happy and feeling one with your soul, only to have someone point out to you your negativity or put you down in some way? This is because they are not comfortable with you taking them up into a higher energy. They like to keep you locked in the third dimension, as this is where they are comfortable. They will make you drop in vibration and become like them. Do not blame them for this, they are not awake and this is a way of survival. There are many who are locked in mental hospitals because they were too happy, too manic. It was not that they had the problem; it was the others who were not comfortable with them radiating a higher energy. So they give them drugs to bring them down, and make themselves feel more comfortable. Are you realising something amazing about yourself or the universe, maybe even talking to another about this, or just on the verge of a great healing, when the phone rings or there is someone at the door. This breaks the connection

and the flow and brings you crashing down back into the third dimension. This again is the fear entity at work, it can prompt others to disturb you and bring you back down into the third dimension. Just notice, do not allow this to disturb you too much but realise you must be getting somewhere, if fear is wanting to stop you in this way.

The fourth dimension is so full of illusion; it is hard to really know what truth is and what is not. Always go with what you first think and feel; do not allow others to disturb your process. No one knows better than you. Do not run to others for confirmation, as if they know better than you. Do not give your power away.