

The Twelve Dimensions and Multi-Dimensional Consciousness.

Everything in the whole of creation is energy that moves , ripples , and vibrates. Spirit, the energy of the Source vibrates at a faster rate than matter and in between we have many different levels of vibrations. The difference between the frequencies makes the different dimensions or realities. Everything is eternally changing, all part of one Consciousness . In each dimension or level is the same One consciousness, each time in a different form, according to the frequency of vibration. The closer we get to the Source, the faster we vibrate and less dense we become. The further we go away from the Source , the heavier we vibrate and we take on matter ,we become physical.

The first dimension is the consciousness of Gaia's physical prime atom. This dimension is the realm of the mineral kingdom. Humans' first dimensional consciousness is "unconscious" to our five physical senses. The first dimension part of our bodies it is the minerals, water, and genetic codes that are the foundation of our physical forms. When we connect with this level we connect with the entire physical world on a molecule level. This is the place of quantum physics a place of electrons, protons, nuclei, and quarks. It is the gateway between the macrocosm and the microcosm. You can find spider consciousness on this level. As they are the guardians of the matrix of Gaia's consciousness.

Second dimensional consciousness is awareness on a biological level. Here you can connect with the plant and animal kingdoms. It is the consciousness that directs the autonomic nervous system to regulate and maintain life support functions. Our five physical senses are unconscious of this. This is the place of the chemical beings that make up the body. You on this level can become aware of how your body is one big communication-network between all the elements within your cells. There is many different beings that exist on this level. Fairies , devas, nature spirits, chemical beings, elementals and also the demonic energies. The creation Dragons can also be connected with on this level.

Third dimensional consciousness is awareness of point, line, length, breadth, height, and volume. The Soul incarnates into the third dimension to experience the duality of the physical world. This is the dimension of time/space and cause/effect. The third dimension is the conscious world.

Fourth dimensional consciousness is the awareness of the astral dimension in the astral body. The astral body is of a higher vibration than the physical body , it one higher octave in frequency . Perception of past, present, and future becomes more fluid here on the fourth. When we are asleep, we are unconscious in the third dimension, but we are conscious in the fourth dimension. Using our fourth dimensional astral bodies we have access to our imagination, psychic abilities, intuition, magic, and creativity. The fourth dimension still has the polarization of light and dark so it is possible to experience negative energies on this level. This is also the place of ghosts, many lower frequency Extra-Terrestrial beings, angels and demons. The Kingdom of Faerie exists upon the middle level of the fourth dimension. Upon the fourth dimension, thought and feelings create reality almost instantly , fear can create a negative experience on the fourth dimension. Your fourth dimensional body has the ability to feel other energies. We travel through the fourth dimension by the fuel of our desires, thoughts, and emotions . If our emotions are fearful we will have a bad time in the fourth dimension.

Fifth dimensional consciousness is the awareness of Soul and spirit. This is the dimension of Unity Consciousness, still with an experience of "I" consciousness. There is no time or space on this level there is no illusion of separation. On this level you can meet angels, and stellar beings who are in a Light body. A light body is silicone based rather than carbon based like that of the physical body. There is no fear on this level we are held in truth and love of the Universal

Dreamer. It is a dimension of Unconditional Love .Many when they connect on this level experience their selves as their higher selves or spiritual guides. There is no judgement , no polarity , sense of separation or limitation on the fifth dimension.

Sixth dimensional consciousness is the place of the morphogenic field. The morphogenic field is a field of information that holds memory and pattern in form. It is the dimension that you go to, to time travel and jump between parallel lives. The sixth dimension is a beautiful and intricate pattern of the universe. It is like a magic carpet that can take you to other places in the universe. Many Extra-terrestrial beings use this field of many portals to insert their consciousness into other realms and dimensions. This is how beings impart their energy into the dimensions of earth reality.

Seventh dimensional consciousness is the place of the group consciousness the " We ". When you are experiencing any synergy between people it is the activation of the soul group that makes this possible. Many beings of light group together on this level to interact with the levels below. Many Extra-terrestrial beings are not singular in consciousness like humans but are a group or we consciousness. The Zeta are beings who have not concept of separation or individuality. Many angelic beings such as the higher principles group together on this level as one being in their interaction and communication with the lower levels. This is the dimension you go to ,to communicate with your soul family. You can travel back to your original home planet through the energy of the soul group .

Eighth dimensional consciousness is the place of eternity. This is when the soul has expanded beyond anything tangible and definable. It is part of the manifest universe , it is this universe. On this level you get the perception of eternity and the infinite nature of soul and its creation. The figure eight symbolises this as the serpent eating its own tail. It is a complete cycle , never beginning , never ending. You can access many universal beings on this level and the mighty arch angels. Giant cosmic serpents travel through this dimension holding the universe it is never ending cycles , its never ending story. This is the place which fuels the kundalini energy that is curled up at the base of the spine. Once this energy is activated it ascends the soul up to the eighth dimensional level.

Ninth dimensional consciousness is the death portal , not that of the physical body but of the soul. The soul passes through this portal on its way into the manifest dimensions of light. All lower dimensions are variations of manifest densifying light . Once through the portal the soul manifest in its first individualised form, it is birthed. Though it is of a very high vibration , it is physically manifest. Once the soul passes through the portal on its return to the source , it ceases to be manifest but merges back into the pure energy of the universe. From the Universal Dreamer , Great Central Sun, we project ourselves through all these dimensions, this idea is then received by the Crystal-Core of Mother Earth and now the Holographic Projection of our multidimensional being can start. When we've access to this consciousness we can adjust our reality to the higher idea of who We Are.

Tenth dimensional consciousness is the place of planetary /sphere consciousness. This is where you can become aware of all the planets that make up you as a consciousness. There is a planet in the universe which is you on this high level. The universe is made up of sound , ripples of tones , they merge as one to create spheres of energy and sound. On this tenth dimensional level it is possible to communicate with creation itself through sound and vibration of pure energy.

Eleventh dimensional consciousness is the connection with the great central sun, the Universal Dreamer, on this level you are a ray of light that is being projected from the source to animate

the dimensions below. The Elohim and Twin flames are on these levels. Angels are the holders of all the dimensions and are present on every level. The Elohim are the higher selves of these angelic beings.

Twelfth dimensional consciousness is the Source , the Universal Dreamer , God , the Creator . The ultimate Dreamer.

The Zero is the Void , the nagual , the nothing , the un-manifest , the sea of un-manifest potential . From where everything once came.

How to Integrate your Multi-Dimensional Consciousness.

On the highest level of creation, you are God. The Universal Dreamer. The God that you are expresses itself as many different aspects, expressing itself on each and every dimensional level. It is time to integrate.

How you may ask?

Here a is simple but extremely affective way to aid the integration process, allowing you to integrate into your physical body the energies that make up your multi-dimensional consciousness. You can literally breathe in these energies into the very cells of your body, your very d.n.a.

Integration process.

- 1) Sit down, make yourself comfortable, close your eyes and take a few deep breaths.
- 2) Allow your body to relax, and allow your mind to become clear. Put out the intention to your soul that you are now ready to integrate your first aspect. This calls in the energy of your soul and allows it to assist you in removing blocks to be able to integrate your aspects.
- 3) Your soul is building in the air around you, do not worry if you do not see it, it is about a relationship between your soul and your body, your head does not need to get it. The neutral energy of life force that is present in the air is now being programmed with the energy of your soul.
- 4) Begin to breathe it in. Breathe it into every single cell of your body.
- 5) As you do so it will begin to agitate anything within you that is a block to you integrating your aspects. Your emotions will rise, as will your fears.
- 6) Notice any discomfort in your body, take your awareness into this place and breathe in the energy of your soul into this place. Allow the energy of your soul to experience it with you. Your soul is a high frequency, the blocks, the fears, a low frequency, by breathing in soul you are surfacing your blocks and removing them.
- 7) Allow the emotions to be cleared any way they need to. You may cry, breathe deeper, just allow. You will notice your issues that are connected to each aspect coming up, clearing, and taking you deeper and deeper.
- 8) Once you have cleared that which stands in the way of integrating you will notice yourself becoming quieter; you're breathing regulating. Now is the time to integrate.
- 9) Tune into your soul once more and breathe in the new frequency that your soul brings.
- 10) You may get images, words, or simply feelings as you integrate this new aspect of self. Just be aware.
- 11) Stay open until your soul shows you, you are complete. Be guided by your intuition as to how often you should do this process and enjoy becoming the new, whole you. It is that simple.

