



Welcome Everyone

to the first issue of 2005.

Well who knows what this year will bring for us all. You do not have to be psychic to know that there will be much change both on a personal level and world wide. In numerology 2005, is a 8 year for me. I have an infinity with the number 8, the number of the sexual and sensual energies of the Kundalini and the Goddess. In a reading it said 2005, will be a year of great change for me, and I should hold on to my hat.

I see this coming year as a manifestation year, my concrete dreams of my future on this planet are beginning to appear and I am finally getting to grips with the conscious creating of my reality. So as I go into this new year I am full of excitement and imagination, dreaming my dreams. What dreams will you dream for the year 2005??



Gaia

A Transforming Planet

Earth Stories by Alloya

Lives are lived, but death comes for them all.
Time wears away the script with the years that pass.
Until, the story fades from memory.

Earth stories, lived to be told.
Battles fought, souls lost.
Loved ones grieved.
The mourners linger on.
Their memories held captive in Earth grave.

Newsletter Spotlight

“Earth Stories” by Alloya

“Transforming Everyone”
by Alloya .

What is the significance of the year 2012 ?

Sri Kalki Bhagavan :

OK. Most of you know that the Earth has got a magnetic field. As the Earth's molten core is rotating; the magnetic field is created. The thought sphere of the Human Mind is located in the Earth's magnetic field. This magnetic field has been weakening dramatically over last ten years .

Now, in physics there is a parameter called “Schumann's Resonance”. Using that we can determine the strength of the Earth's magnetic field. While for many centuries, it was constant around 7.80 cycles per second, during the last 7-8 years, it has risen to 11 cycles per second and is continuing to increase dramatically. If you work it out mathematically, it appears that, by the year 2012, the "Schumann's" is likely to be 13 cycles per second. When this resonance is 13 cycles per second, the Earth's core would stop rotating with magnetic field gone, you mind is gone. When I say "your mind", what I mean is your "Samkaras". The pressure of the past 11.000 years of Samkaras will vanish.

In the Dharma, we also say, “Mind is karma”. All actions start from your mind. The Mind is nothing but a storehouse of Samkaras or past life vasanas from which all action emanates. This is stored in the earth's magnetic field. So in the year 2012, it will become zero for a few days. After that the core will start rotating again. This would be a fresh beginning for man or the dawn of the Golden Age. This is the significance of the year 2012. How do we know, it will happen? The study of fossil records has shown that, it happens roughly after 11.000 years. It's only a short time away and then we can all start afresh. That is why I want you to become enlightened by 2012. If you are enlightened, with all your samkaras gone, we can begin a new Yuga, which can be called Sathya Yuga or the Golden Age. Man will enter into a new state of altered consciousness.

Taken from <http://www.experiencefestival.com>

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Questions or comments? E-mail us at alloya@alloya.com

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When we think about being multidimensional, we tend to think only of the dimensions which are higher up in the frequency range. We in our human minds, tend to think in hierarchical thinking patterns, and therefore we tend to see the higher dimensions such as the 5th, as being above us, out in space and so on all the way back to the Source. We very rarely think about the dimensions which are below us, such as the second and the first. Just as there are a multitude of different dimensions out in the wonders of space, there are also worlds within worlds, held within the planet itself.

Imagine the planet being an onion with layer upon layer of different dimensional frequency ranges, which house many different kinds of beings and entities. If you drop your awareness from the confines of the 3D, to enter the Earth so to speak, you will come across a wide range of beings and entities, which are both negative and positive in their focus. Some of these beings are from nature itself, however some of these beings living inside of the planet, are human, and the souls of those who have deceased - Ghosts. These beings are trapped souls, who dwell within the Earth. They live in the shadow lands, the place of the dead.

Many of us have heard about these places of the dead in the underworld of this planet, they are often described to us in myth and story, coming from many different cultures. When a person dies in a negative way and especially during battle, the energy of that person lingers on as a form, forever stuck in an underworld of torment. The energy which emanated them as a person is not reunited in the light of their soul and made whole; no they are forever cut off from their higher selves and are forced to wonder in this perpetual state, imprisoned in the energies of the Earth. Earth is a karmic planet, that is to say, that once you have bound yourself to the planet in a karmic way, you are no longer free to go to the light of the 5D. Some of us like to see this 5D as heaven and the underworld as hell. This is incorrect; hell is a different frequency reality deeper inside of the Earth. This place of the shadows is closer to us in frequency range than the levels of hell. It is just under the surface. This place of the Dead is well portrayed in the film "The Lord of the Rings". There is a scene, where Frodo and Sam walk through the Dead Marshes. It is the place of the Dead. Sam and Frodo can see the faces of those who died in a great battle, just under the water. It is as if the dead lay there trapped forever.

Two years ago the Goddess told me that she would soon be releasing these souls and their stories from the Earth itself. At the time I did not truly understand what this meant. However now I can tell you that this process has begun. For the past few months I have been seeing clouds of dark energy being released from the earth. Sometimes I can see images in the clouds and I get a feeling of the souls that are being released and also the stories of their lives. There are certain places on the planet where great battles have been fought and much death has taken place. These places will be the places where light workers are now congregating. The reason for this is because Gaia needs the special talents of the light workers, to aid her in this process. Many of us have karmic connections with the stories that are coming from the earth; many of us will have past life memories when this releasing occurs. The deceased need to be released at this time, because Gaia is transforming. She is raising her frequency, she cannot transcend with this negative dark, heavy energy in her body. She needs to cleanse herself of these deceased beings in order to transform. For thousands of years these deceased and their stories have been fermenting inside of the Earth. As these dark energies come to the surface it is possible for those of you living in these areas to become sick. It is very important at these times to protect yourself and learn how to aid these souls to release.

The earth in a way is possessed by these deceased beings. For those of you are familiar with the Transformation process that I do, will know that there are places in the body which store the negative memories, of past lives you have lived on this planet. It is possible by using this process to release these negative energies from the body and replace them with the love and light of the soul. The Earth is doing the same thing. Let me explain further. The Earth is the body as we all know. The soul of the planet is the energy of the Goddess. For many years since ancient times, the energy of the Goddess has not been present on this planet. There was a time when the energy of the Goddess, the soul energy of the planet itself was very active and visible. There came a time when the male energy of the universe wanted to have dominance, so the Goddess fell in myth and legend. In truth her energy receded deep into the very core of her body. It was all meant to be this way. However now is time for the Goddess energy to come back.

It is as if the Goddess energy is reawakening inside the planet itself and pushing its energy to the surface. As it does so it moves through these negative energies which possess it and through processes such as earth quakes, floods etc, will cleanse herself of these negative pockets of energy. As this process continues the energies of the deceased will come to the surface and will await release. That is where you as light workers come in.

Many of you will take on the role of being the Shadow Dancers.

Many of you have contracts with certain soul groups on this planet who are wanting to be released from the earth. They live in certain places on the planet. You will be drawn to certain places which are in need of your releasing expertise. Many places of worship are very negative in this way, as they are often a magnet for such deceased beings. Follow your intuition and allow yourself to go to these places you are being drawn to, even if it does not feel comfortable to go there. You may get body feelings and symptoms, when you are about to process and help release these souls. Sometimes you can feel pain and pressure in the body, as well as blurred vision and disturbed hearing. Often I feel a deep sickness and often constriction around the throat area. As you go into the process fully you may have intense emotions and visions in

your mind to give you the story of the lifetime. Allow all that happens. What is happening is that the deceased are using your body to release themselves from the earth and venture up into the light. You as a light worker have incredible amounts of light in your bodies; this is where you can really do some much needed work. You will find that you may want to perform certain rituals to close and heal certain places. Especially places of worship. The place will understand the symbols you use and respond well to your intentions. Do not make them complicated, and always follow your intuition. It is very important that you allow your emotions to flow at this time of healing. Do not worry if your head does not have a clue as to what is going on, just allow. I will tell you about a process I have just recently been through. I was visiting a chapel in the middle of the woods in the south of Germany.

Taken from an email to a friend.

“A few months back my German friend Isabella had sent me a photo of a chapel in the woods near her home. I did a reading on it, it was once a place of pagan Goddess worship which had been taken over by the Catholic Church and was being used for bad intention, as the energy of the Goddess was blocked and imprisoned there through the use of crosses. You could see metal crosses next to the chapel. There was a druid at this time that worshipped the Goddess there and then went on to betray the Goddess worshippers to the Catholic Church, by telling them where this place was. This druid was alive in these times in this lifetime, as a priest but not a very good one, this was confirmed and the priest of the chapel was very psychic but a drunk. It stirred something in me but I pushed it away. Whilst I was in Germany it was arranged we go to this place and the priest would meet us there at 10 am. We had to rearrange my whole schedule just for him, as he would only come at this time. On the morning I woke feeling really angry with him and did not know why, when I spoke to my friend Nina (my translator), she said she felt exactly the same. Interesting!

I thought that when I got to the chapel, I would tune in and see if anything happened, yet nothing could have prepared me for what did happen. Nina felt sick as we drove closer and closer. This should have been a sign to me. I walked to the chapel and started screaming “no” over and over again, I burst into tears, and I was overwhelmed with grief and fear and rage. I was no longer in modern times, I was in a past life, I saw a woman in a pale dress hanging from her neck, and dead bodies everywhere. I saw men in black habits with their hoods up, killing everyone after making them pray for their souls, and destroying the icons of our chapel. It was awful.

After what felt like forever, I managed to stop screaming and wept and starting moving the earth and dug into it with my finger nails. I did not know what I was doing and I could not stop it. I lay my hands on the rock and wept and then I suddenly said “where is Nina? “. She was behind me and she came to my side, she was crying and crying, I made her lay her hand on the rock too, even though she was shaking. I realized we were sisters, I was about 16 and she was 13. Our family was part of the Goddess worshippers and the men in hoods killed them all here. I am not sure if they were buried there or it was just where the memory was. We felt it begin to heal when our tears dropped on to the place, where we had dug. Then I took a flower and lay it on the earth. I do not know what the priest will think when he sees this. He did not have the courage to turn up, and I was glad, I do not think I could have looked at him. The moment it was healed we were pulled back into modern times and felt strangely embarrassed, it was an all together bizarre experience. “- email sent by Alloya.

After this had occurred I became more open and aware on this level. I realized that this will be the work of many light workers on this planet. So be open, allow yourself to visit those places near your home which are in need of balancing and healing. You may not always get such a drama as I did but will only experience feelings in the body and then a shift of energy. Allow and flow with the experience. You may also be called to work on other living people who have deceased beings around or attached to them.

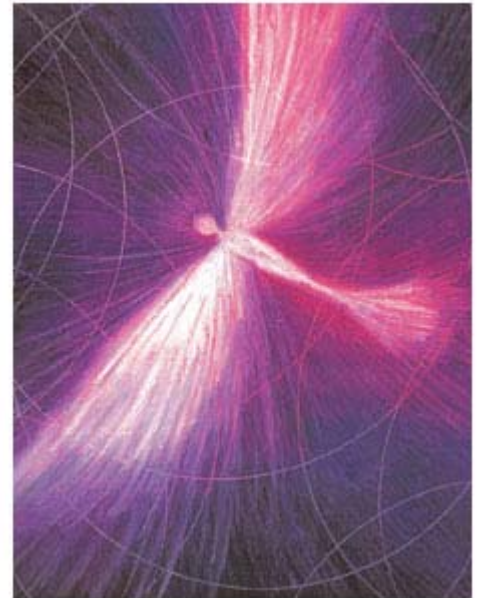
For those of you who are working in the healing professions, it is important for you to know that an increase in people being possessed will occur. Now I am not talking about demonic possession yet sometimes this is the case but rarely. Even the most demonic of energies is usually, in fact an aspect of a fallen soul, or deceased person. These beings are around us always and we are often unaware of them. This is the time now to be aware. Many of these beings are requesting release. You may not be aware of your contracts with these beings, as they were made in other dimensions, but you will be called to release many beings who have attached themselves to other living people. Gone are the days of exercising these beings, catapulting them into the darkness. We can successfully remove these beings and channel them to the light. All is needed is that you hold the energy of truth, the energy of transformation during these releasing times. Truth is an energy which calls all beings to their rightful place in the universe. If you hold someone else in this energy, then the attached being has no choice but be magnetized to the light. It is a gift for both the client who is possessed and the being itself.

Do not think that it is only weak people who get possessed. Often angels in human body, incarnated Angelics, often become possessed. They are extremely light and like the moth to the flame, dark and lost energies are drawn. The problem for those of you, who have very strong angel energies in your soul, is that you tend to be ungrounded which opens you to these possessions and also you have not integrated your dark side. Often people are tormented by a possession so they can look at their ultimate fears and process them out. The dark being that is attached (on another level) is doing you a great service. It is allowing you to overcome your fear and process the possession of fear from your body. Fear within the body whether from this lifetime or a past life, is the anchor to the being who wants to attach to you. Rid yourself of this fear anchor and then the being and beings like it, cannot hook in and attach themselves to you.

Now I am not necessarily talking about full on possessions, I am not talking about heads spinning around and devils speaking. No, yet many of us are possessed without even knowing about it. I have been possessed by dead brother who died when he was a baby. I had no idea that many of my negative head spaces were in fact coming from him. Once I removed him and sent him to the light, depressive head spaces no longer plagued me. Many symptoms which you have in your body are symptoms of possession. Many of these symptoms do not warrant any real concern but are there never the less. These can often be the body reacting to a dark or negative energy which as attached itself to the energy body. So be more aware when doing self healing to really investigate your body and ask it to show you where your attachments are. This is the time of healing on this planet, so it is time to get rid of all unwanted guests.

There are several rituals, techniques, meditations which will aid you in this process, I am sure you will find the right one to suit you. Remember to stay in the truth of your soul's energy and all will heal. The archangels Michael, Raphael, Uriel, and Gabriel are the most affective energies to call upon to remove attached and possessing beings and take them successfully to the light. If you work with these beings they will aid you and make sure that all negativity is transformed.

If you have any questions or comments on this subject please email Alloya at alloya@alloya.com



Dreams

Antarai

When you perceive the things in Dream
You take them all to be real,
When you wake up and perceive
They are all false and unreal.

The 2012 of name and forms is like
The dream you have during the night,
You take them all as real things,
But they are only false and transient

The only one which really exists
Is that God with Brahmie Splendour
Wake up, wake up, wake up to Light,
Wake up, wake up, from Maya's sleep,
And see the things in their proper light.

* * *

Excerpt from the book Philosophy of Dreams by Sri Swami Sivananda

Transforming Everyone by Alloya

Exact times? , in which you now live. Never has there been a time on your planet, where you have had so many possibilities available to you. So many different routes to take, so many avenues for your expression. Never has there been so many different stories, frequencies being played out on one planet. You are indeed living in very exciting times.

There is a great play happening on your planet. There are actors from all over the universe, incarnating into human bodies to play their parts. It is still very uncertain as to how this will play out. All the beings from all over the universe have come to witness the unfolding of this play. Some are here only in energy bodies, some fly the skies in crafts, some have been brave enough to incarnate into the human body and its 3D systems.

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There are hybrids everywhere, many of you are not entirely human in your soul and thus as you integrate these alien aspects into your bodies, you transform to become a super hybrid and aid the planet in her transformation. The integration process is so much more effective in the transforming of planets, than many of you realise. As you integrate each aspect of your soul into your body, you are doing a number of different things to aid the transformation. The information that each self brings, activates certain codes in the d.n.a, which aid the process of activating the light body. The activation of the light body is responsible on a mass scale, for the ascension of the frequency of the planet. When those incarnated on the planet, activate their light bodies, they will create a network of energy which will aid the planet in her frequency change.

This however is only one side of the story.

When you integrate these different aspects which represent all the different races in the universe into your body, then you are aiding those races in their transformation too. You all know how it is to change when you integrate these different aspects into your body, how it affects all your selves, mental, emotional, spiritual and physical. You know how powerful this integration process can be. This integration process is just as intense for those races that are integrated, as it is for you. Each aspect is connected with its race, place or dimension in the universe, which means that the whole race too can transform .As they merge with you and your physical body; they too go through a deep process.

Some of these races are deeply aware of this integration process and are finding ways to facilitate this. The Zeta over the past years of intense integration, have developed new ways of working with hybrids, to anchor in the frequencies into the body in more comfortable ways. Stories of the Zeta abducting humans is lessening ,as the humans wake up and realise that this is a soul contract and an exciting integration process is going on.

The Zeta are a very good example to clarify my findings. When I first started working with them in 1990, they were a lot different to how they are now. As you are probably aware the Zeta do not have an emotional body, and therefore they often can appear cold. The Zeta I worked with then, were sometimes cruel, not through intention but simply because they did not know how to interact with the human. They were very puzzled at the functions of the physical human body and its emotions. They often experimented on me, sometimes with pain and were completely unable to recognise my fear, pain or terror. I would never say I was abducted because I knew from the very beginning that they were part of my soul and I had a contract to work with them, but I was aware I was an experiment.

I am a Zeta / human hybrid blueprint. I am a prototype. The Zeta experimented on me with my permission, to find ways of integrating their energies into the bodies of those Zeta who had incarnated into the human system, but were yet to awaken. They experimented to find more comfortable ways of integration. Much of the pain and fear which I went through in the early days of my integration simply did not occur for those who came after me. I noticed especially in my seminars, that people were not reporting the familiar symptoms that many of those people who had previously integrated the Zeta energy had.

The Zeta blow your mind , it is a little over whelming to realise with your conscious mind that you are not entirely human and part alien in your soul. However this is not the only challenge when working with the integration of the Zeta energy. The high energy that these aspects bring can literally fry your neural networks in the brain. The whole nervous system can be affected, many people in the early days reported nerve pains in their shoulders, back and arms. Some reported waking up in the morning unable to move their arms, as they were numb and cold. For three years I had pain in my shoulder and arm, finishing in my wrist, where my Zeta implant sat. I thought for ages I had a trapped nerve, and visited chiropractors to try and fix the problem. It was all futile.

After months of pain the Zeta came into my conscious awareness and explained to me that I was an experiment and that they had inserted an implant into my wrist, which was some sort of communication device, allowing me to channel their energy fully. However this implant was not in harmony with my physical body's vibration. This meant that as they channelled their energy into my body, they were literally frying me. They told me after lots of research and experimentation, they had found a way to change the frequency of the implant, so it was in harmony with my body. This they did and I have had no discomfort since.

The magnitude of this event became apparent to me when I worked with them after the changing of the implant. They explained to me that in their experimentation and their research, they had come to know a great deal about the human physical body, its energy body and its connection to them as a soul aspect. In this they had learnt so many things that had allowed them to transform as a race. Through this intense focus of the integration process they had transformed and were evolving at a tremendous rate. I was suddenly struck by the magnitude of what was going on. The Zeta had indeed changed. They were still unemotional, but were coming to understanding, in a highly intelligent way, the workings of the human. The Zeta are missing certain information and energy to continue in their evolution and need us as humans to give them the missing pieces. They communicated to me how much they had advanced through our interaction.

In one seminar, the Zeta told me that they knew love. Of course they would not be able to feel love as they had no emotional body, but they could mentally understand love. This was a very big break through for these beings. After this I watched as instead of people screaming when I brought their energy into the room, I saw people open up to these creative beings and see them for who they really were. They were not strange, cruel, scary aliens but creative, intelligent soul aspects. People opened fully to them and integrated their energy, with this new concept of love ringing through the Zeta consciousness, the human physical body opened to the Zeta frequency much more comfortably.

I began to become aware of how fast and how much these beings were transforming and looked into the other races which I had also integrated for signs of change. What I saw was a hugely complex exchange of energy all going on inside of my body. It was as if the whole universe was inside of my body. My body contained all the different soul aspects that there is in the universe. I realised that karmic stories, were connecting not only humans to other beings out in the universe, but also connecting alien being with alien being. What I am saying is that through the integration process I had activated a transformation for each and every being that I had integrated. Their energies were interacting inside of me, my body had become a vessel to house all their energies, as they merged inside of me, I could feel and perceive levels of healing and balancing going on between all the different race's energy inside of me.

The Zeta explained to me that the human physical body is an amazing creation. It is possible to release karmic stories from other races of beings inside of the physical body. That is to say that as we integrate these different beings within us, we give them the opportunity to release their karma through us, to play out their games, transform themselves through the interaction with the human body. That is the reason so many of you who do not come from Earth are here at this time; it is to release the karmic stories of your whole race. When you come here and integrate all that you are on the other levels, you bring their stories too. As you heal and play out these energy games, you are transforming the entire race that you are in your soul.

These karmic dramas and stories coming from other races can be played out in your everyday 3D lives. There are amazing stories between the Reptilian races and humans; a lot of this karmic story is now being triggered by the energy of the earth itself. You may find that in your everyday life the same stories are being played out. You may change roles, and animate different aspects in different situations with different people. For many of you this goes unnoticed, but for some it is intense as you remember such lives lived in Atlantean times and the like. You may experience past life memories where you were a human living in these times, and then it will switch so you can remember the Reptilian side of the story and so on. Through your expression of emotion brought on by these memories, you are releasing karmic patterning that has been brought to you by a particular soul aspect. This karmic patterning is held in your energy body and is activated shortly after the integration of that particular aspect. Other people in your reality will hold the energy of the other, for instance one will be the human, the other the Reptilian and through your interaction you will heal an incredible amount. Do not think you are going mad if you see your friends change into Lizards.

Remember we are all shape shifters. Love Alloya

I would like to draw your attention to my new book , **“ Her Perspective “** . This has recently been put on my site. It is as the title implies , about the history of the Earth from the Goddess's perspective. It is free to download in PDF format. Anyone can download for free Acrobat reader, so they can read the file.

Contained within this new Goddess section is also showcased a new and up and coming poet, **Amanda L.Harris**. She has very kindly given me permission to show her work. Take a look I am sure you will be interested in both perspectives on the Goddess. There is also some amazing art from Andrew Gonzalex and Josephine Wall.

I am always open to anyone sharing their thoughts on my work and I am also interested in any poems , artwork , or channelled information from the Goddess herself. So please email me with your contributions and I would love to put them on my site.

Thanks Love Alloya. <http://www.alloya.com/gstory.html>

Follow this link to download Acrobat reader. <http://www.adobe.com/acrobat/readstep2.html>

Do not forget the **“ The Mission of the One Star “** , available to buy online. Sales have been slow and a little disappointing but hopefully in this new year, it will be more successful.

Take a look at www.alloya.com , for intend to be adding some new information in the near future.

Need to ask questions about your direction in this new year , ask for a **soul reading** on line.

Finally I am open to do seminars again and are open to anyone who would like to organise one for me in their area. I am still available for readings and individual sessions. I am hoping to spend quite some time in Germany ,so anyone wanted one to one sessions please contact me.

If you are interested in a reading please email alloya@alloya.com

Anyone wishing to add to the website www.alloya.com, or newsletter, please do not hesitate to email me, I am always looking for other people's experiences, poems, channelled pieces, artwork etc. I am also interested in any links to other sites which you think would be of benefit to my fellow hybrids and star beings. I intend to send you all a questionnaire about my website and newsletter in the near future , I hope you will not mind answering a few questions for me , so I can make improvements. Thanks.

All my love Alloya. If you would like to unsubscribe to this newsletter, please email alloya, with unsubscribe written in the subject header. Thank you.