

# The Arcturians

Arcturus is one of the most advanced civilizations in our entire galaxy. It is a star in the constellation of Bootes and the brightest star in that constellation. It is the fifth- dimensional frequency and the civilization is believed to be a prototype of Earth's future. Here on earth, we vibrate at a third dimensional frequency, where as the Arcturians, vibrate at a fifth dimensional level. The fifth dimension is the first place where you can make contact with your soul, or higher self, your angelic counterpart and of course the Oneness. The Arcturians work on an emotional, mental, and spiritual healer level, for humanity. That is to say that they are here in our Earth sphere, to be of service to us, as humanity. Humans when they die, (if their soul then chooses this for them), can pass through a gateway during death and rebirth that is guarded and balanced by the energy of the Arcturians. It functions as a place for non-physical consciousness to become used to being physical. The Book of Knowledge: " The Keys of Enoch ", describes it as "the mid- way programming centre used by the physical brotherhoods in this universe, to govern the many rounds of experiments with "physicals" at this end of the galaxy". Beings coming to Earth can use this energy as a way of being prepared for life here on Earth.

The Arcturians teach how to live in the fifth dimension, live in the love. They do not have a negativity, fear and guilt; they have overcome this and now only feel love and light. The Arcturians travel the universe in star ships, which are very advanced in deed. They are highly advanced consciousness and have created technologies we could only dream about. They are a protection team for many other civilizations that are in their local space. They have been protecting Earth from other negative alien species for thousands of years, as there are many beings that would like to stop the ascension and transformation of the planet.

There is a hierarchy system in the system of Arcturus, however they do not live in polarity and therefore everything they do is performed in balance and love. There is a government of elders, who are very advanced in knowledge, wisdom and carry extremely high vibrational frequencies. They are the guiding light for the work that the Arcturians do here on the Earth. The Arcturians are short in physical stature, about three or four feet tall, and slender. Their skin is a greenish colour. They have very large, almond- shaped eyes. They have only three fingers. They have the ability to move objects with their minds and are totally telepathic.

There were many different professions on Arcturus, the profession is chosen according to the colours in the aura. Those with violet in your aura are responsible for taking care of the children; only those who have reached a level of wisdom are allowed to take care of the children. There are many new and challenging souls being born in the bodies of little babies. These souls are from many different places in the universe. Many of them find it very difficult to be here on Earth. By channelling the Arcturian energy you can bring yourself a new level of understanding, which will enhance your ability to care for these special children.

The Arcturians take humans during dream states and perform healing procedures on their energy bodies. They take the energy body of the person they are working on aboard their ships and align their energy bodies to higher and higher frequencies. They aid their transformation. They have been taking you during your dream state and are opening up your channels so you can download more and more high light vibrations into your body. They want you to be aware of this and prepare yourself for more conscious contact. Call upon their energy in your meditation and allow them to build up a light grid around your body and then just relax and allow, after some time they will begin to communicate with you. The communication may come in words, pictures or simply a knowing feeling. They are urging you to let go of the fear you are feeling about your future and allow your intuition to guide you along your chosen path.

As you moved through the star gate to manifest here in physical dimensions, you came across a highly evolved civilization, which is called Arcturus. Arcturus itself is actually the brightest star in the Bootes constellation, which is approximately thirty-six light years from Earth. The planets which orbit this star, house beings who have created one of the most advanced civilizations, in this galaxy. Their intelligence and their level of consciousness are far in an advance of us as humans. This Arcturian race is functioning on a fifth- dimensional level, that is to say, that the atoms of their bodies are vibrating at a certain rate, this rate is running at the speed of light. The atoms of their bodies are vibrating at a much faster rate than ours as third dimensional humans. Because of this they could walk past us in the street and as we are locked in our 3D mind, we would not perceive them being there, at all. Yet they are there occupying the same space that we are. There are many dimensions occupying the same space.

In order to vibrate at such a high level the Arcturian civilization had to remove all negative emotional states from their bodies, they moved totally into the energy of unconditional love. They are a future signpost for us; they are where we as human consciousness, are going. The Arcturian consciousness is one of love and positivity; they have been coming here to the Earth for sometime, bringing their teachings through channels, bringing high consciousness changing information to the human population. Not only have they been bringing information through channels but also they have been inserting high energies into our matrix, which controls our human consciousness. This matrix has been reprogrammed by many negative beings and the Arcturians have been coming to Earth in energy for sometime, inserting high-energy beams of light directly into the matrix of Earth. It is through this high-energy insertion that people are breaking free from the restrictions of the matrix and finding ways to access the higher levels. The Arcturian culture philosophy and belief systems are being programmed into our matrix on the Earth and this is creating a blueprint for heaven on earth. Therefore the Arcturus energy could be seen as a prototype of Earth's future. That is to say that we are taking inspiration and energy from this star system, to allow us to dream our new Earth future.

The Arcturian energy works as an emotional, mental, and spiritual healer for humanity. It is also an energy gateway through which humans pass during death and rebirth. It functions as a way station for nonphysical consciousness to become accustomed to physicality. The Arcturians teach that the most fundamental ingredient for living in the fifth dimension is love. Negativity, fear and guilt must be overcome and exchanged for love and light. The Arcturians travel the universe in

their starships, which are some of the most advanced in the entire universe. They too are 5D and therefore appear as if they are light patterns, nothing like the crude flying saucers that we imagine. They are powered by 5D crystals, which allow them to not only travel through the universe but also through the dimension themselves.

It is your job here on the planet to bring this high Arcturian energy to anchor it here on the Earth. There are several Arcturians incarnated here on the Earth at this time to do just this. Your soul is asking that you open yourself up to the possibility to call down and anchor into the body the high energy of the Arcturians into the Earth plane. The Arcturian energy is around you often and has been secretly guiding you in the higher dimensions since your first incarnation here on the Earth. You are so used to having this energy around you that you would not be aware of it being there, as it is so familiar. They have also been working with your energy body. You have probably been aware of the times when you feel like a cloud, as if your body was no longer solid and third dimensional. During these times you are fully aligned with their energy. You are not really third dimensional during these times, you are moving up in consciousness to meet the energies of the Arcturians on the fifth dimension.

" We are the Arcturians.

We come from a system that you can see in your northern hemisphere, the system is called Bootes. We are a fifth dimensional civilization. Some have called us the future possibility of Earth civilization. Our past has been similar to yours. We have evolved from a third dimensional physical body to a fifth dimensional body of light. You on Earth are treading the same path. We are just a few light years ahead of you. We are currently circling your planet in ships of light; do not mistake these ships for being third dimensional for they are fifth dimensional, they are fuelled and held together in form by fifth dimensional crystals. Many of you visit these ships in your dream state.

We are currently holding the electromagnetic energies of the Earth, in harmony and balance. We are preventing many of your negative Earth changes that have been predicted by so many. The polar shift will be on a spiritual level and not on a physical level. We are helping to support this process, so there is little or no disturbance to the Humans on the Earth plane. We do this purely through love. For we love the Earth, and we love humans. In a way you are brother and sisters of ours.

Way back in the very beginning of Earth's history, when the designs for the etherical body of human beings was being created, we held a space of love and harmony for this to occur. You are currently transforming from a dense physical body to a body of light. And here again we are here, supporting you, holding the space for this to occur. It is very important that you open to love frequencies. Your idea of love is very limited on Earth. You have the perception that you have to gain love from other people, from an outside source; in truth this is not correct. Love is everywhere, love created everything, even the dense physical body that you now sit within. This was originally created from a frequency of very high love, directly from the Creator. In time you will remember this. And you will feel this. There are moments in your life when you feel love; this is because we make a direct channel between us. Other times you are immersed in the illusion and the negativity, this makes it very difficult for you to connect. There are certain issues in your body that need to be removed, then the love will flow much more intensely, much more completely, and constant. Do not completely blame yourselves for this condition that you find yourself in. There

are many energies and many beings that are holding frequencies of Earth in low vibration. We have no permission to remove these energies that are part of the process. Yet love conquers all. Soon this negative veil and vibration will be removed, and love will permeate your planet and body. Are you ready?

Your life spans are very short, with love in the body you can live as long as we do. For we can live up to 300 of your Earth years. For we have moved beyond polarity, duality, light and dark and we are free of fear and judgement. Our whole existence vibrates to the frequency of love. This is your goal; this is your final destination. Will you come with us?

We have a civilization very similar to yours. In some respects there is a hierarchy. This is held in complete union and complete harmony. We have a council of elders that we respect and honour. They filter down to us wisdom and knowledge that we use to further our capacity to love. You are very special beings indeed. Many times you have incarnated and experienced Arcturian energy, in a way you all have Arcturian energy in your soul. There is a cleansing of your energetic bodies that is needed. When we look upon you we do not see radiant colours of light, we see dark and muddy patches, this negativity needs to be cleansed, then your energetic bodies will be more capable of holding high frequencies. You can do this cleansing by opening to our love. It is our mission here to support you in doing this. Will you allow us? Will you befriend us? Will you merge with us? "

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